

Global Portraits of Inflation

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with Alexey Toporensky (Moscow)

2104.10183, [Eur.Phys.J.C 82 \(2022\) 2, 179](#)

with Joosep Lember (Tartu)

2104.14258, [Universe 7 \(2021\) 6, 179](#)

with Alexey Golovnev, ... (Cairo)

[work in progress](#)



Estonia

- ▶ 1.4 million people
- ▶ 45,000 km²
- ▶ language Estonian

University of Tartu

- ▶ Founded 1632
- ▶ 13,000 students
- ▶ 1,700 academic staff
- ▶ Faculties
 - ▶ Arts and Humanities
 - ▶ Medicine
 - ▶ Science and Technology
 - ▶ Social Sciences



Sven Dimberg and teaching Newton's theory

SVENO DIMBERG, mathematicum
Profess. P. analysiōs, quæ sic audit, Speciosæ principiorum,
circa quæ alternis occupatur, explicatione defunctus, Astrono-
micarum istarum, quas superiori anno laudavit, hypotheson
J. Newtoni exegit in b. c. d. adgreditur. Circa quarum contem-
plationem astrophilum impensarum in analytici & Conica bo-
narum horarum vix penitere poterit. Et ad hæc quidem
Theorica illico, ut promisit anno elapso, finitis concis, ac-
cessisset, nisi eorum intervenissent desideria, quibus Sphærica
visâ sunt placere magis. Domi Geometrica, architectonica, & si
quæ alia aperuit collegia continuabit. Publicæ ejusdem LL.™
tempore, & loco sicut solitis.

Lumiste, Ü., Piirimäe, H. (2001). Newton's *Principia* in the Curricula of the University of Tartu (Dorpat) in the Early 1690s. In: Vihalemm, R. (eds) *Estonian Studies in the History and Philosophy of Science*. Boston Studies in the Philosophy of Science, vol 219. Springer, Dordrecht.

F. G. W. von Struve and distance to the stars

Friedrich Georg Wilhelm von Struve (1793-1864)

- ▶ born in Germany, came to his elder brother in Tartu to escape military recruitment,
- ▶ studied philology and astronomy in University of Tartu (PhD 1813),
- ▶ University of Tartu professor of mathematics and astronomy 1820-1839,
- ▶ ordered from Fraunhofer the most powerful telescope of that time,
- ▶ measured distance to a star (α Lyrae), and was the first to publish a reasonably accurate result:
 - ▶ *Stellarum duplicium et multiplicium mensurae micrometricae per magnum Fraunhoferi tubum annis a 1824 ad 1837 in specula Dorpatensi institutae*, Petropoli Ex Typographia Academica 1837.



Ernst Öpik and distance to the galaxies

Ernst Julius Öpik (1893–1985)

- ▶ born in Estonia, studied astronomy in Moscow, PhD from Tartu;
- ▶ Head of the Tartu Observatory, visited Harvard every winter 1930-34;
- ▶ 1944 left to the West, since 1948 at Armagh Observatory (Northern Ireland) and since 1956 also at the University of Maryland.
- ▶ estimated the distance to a galaxy (more accurately than Hubble)
 - ▶ "An Estimate of the Distance to the Andromeda Nebula" *The Astrophysical Journal* 1922, 55, pp 406-410



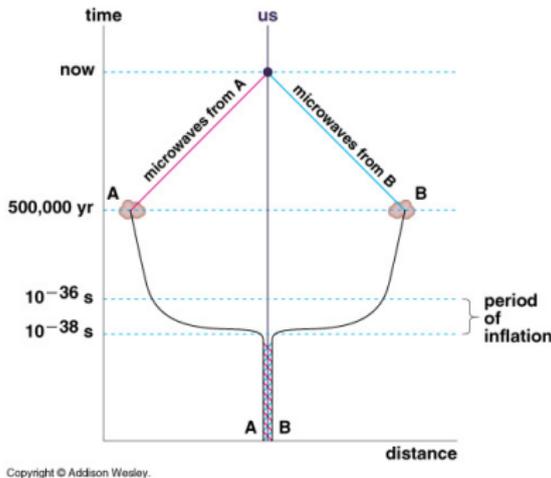
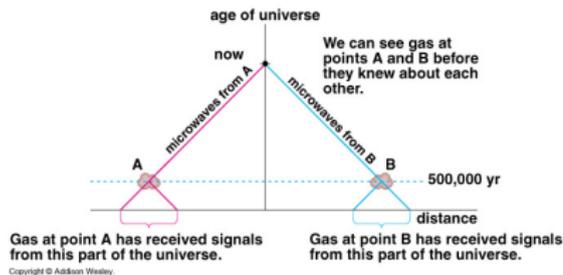
Jaan Einasto and dark matter

Jaan Einasto (born 1929)

- ▶ Born in Tartu, studied at University of Tartu, works at Tartu Observatory
- ▶ Dark matter in galaxies
J Einasto, A Kaasik, E Saar, *Dynamic evidence on massive coronas of galaxies*, Nature 250 (5464), 309-310 (1974)
- ▶ Large scale structure
IB Zeldovich, J Einasto, SF Shandarin *Giant voids in the universe*, Nature 300, 407-413 (1982)

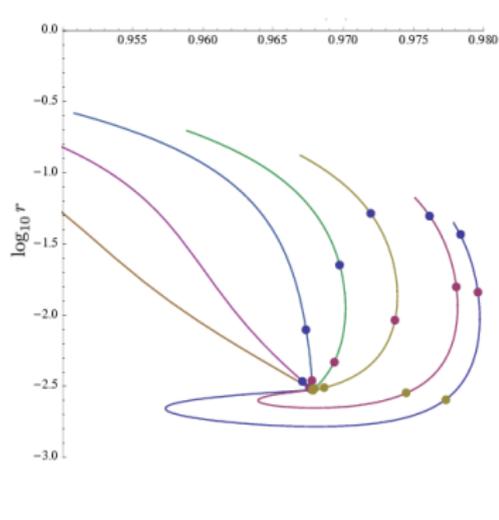
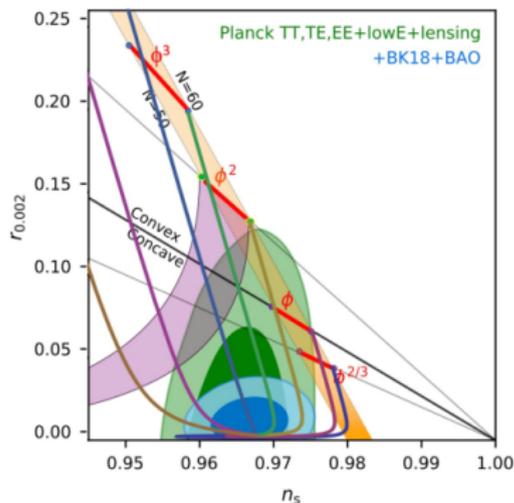


Early Universe inflation



- ▶ To solve the horizon problem, expect a period of significant accelerated expansion at early Universe.
- ▶ Then consider perturbations.

Inflation, the best evidence for extended gravity?



Kalosh,
Linde
2110.10902,
data
from
BICEP,
Keck
2110.00483

$$S = \frac{1}{2} \int d^4x \sqrt{-g} \{ (1 + \xi \phi^2) R - \partial_\mu \phi \partial^\mu \phi - 2V(\phi) \}, \quad (1)$$

- ▶ orange band: $\xi = 0$, monomial potential $V(\phi) \sim \phi^n$ ruled out,
- ▶ purple band: hilltop inflation $\xi = 0$, $V(\phi) \sim 1 - \phi^4$ ruled out,
- ▶ lines: nonminimal coupling $\xi \neq 0$, $V(\phi) \sim \phi^n$, attractor $\xi \rightarrow \infty$.

Inflation

- ▶ must be an attractor, but not a fixed point,
- ▶ rather realized by a heteroclinic orbit in phase space from a saddle or nonhyperbolic point to an attractor point
c.f. Alho, Uggla 1406.0438, ...

In this work we introduce a physically motivated set of variables and

- ▶ draw global phase portraits in the Jordan frame which
- ▶ clearly distinguish different asymptotic regimes,
- ▶ reveal the inflationary attractor orbit,
- ▶ comment on the slow roll approximation in the Jordan frame,
- ▶ visualize the range of good initial conditions (> 50 e-folds).

Can apply to other models, e.g.

- ▶ How to construct the analogue of Higgs inflation in teleparallel gravity?

- ▶ A scalar field nonminimally coupled to curvature (Jordan frame),

$$S = \frac{1}{2} \int d^4x \sqrt{-g} \{F(\phi)R - \partial_\mu \phi \partial^\mu \phi - 2V(\phi)\}, \quad (2)$$

- ▶ in flat FLRW cosmology,
- ▶ and use dynamical variables (and evolution in e-folds $N = \ln a$)
[Dutta, LJ, Khyllep, Tökke 2007.06601](#)

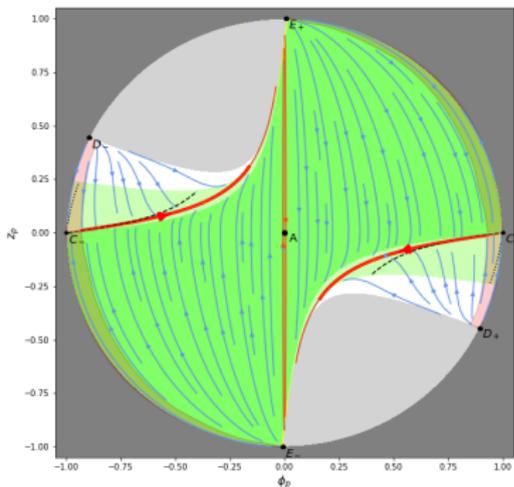
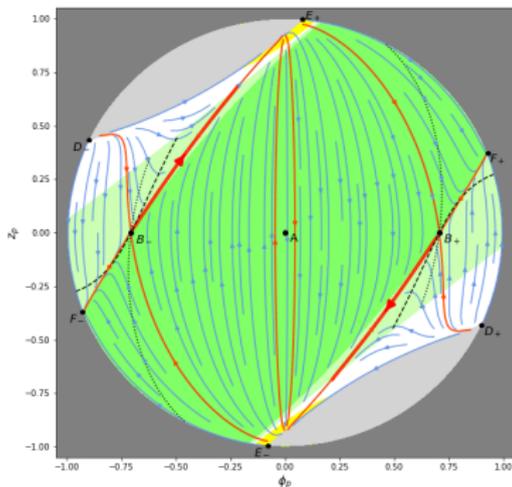
$$\phi, \quad z = \frac{\dot{\phi}}{H} = \frac{d\phi}{dN} \quad (3)$$

- ▶ study global portraits in Poincaré compactification

$$\phi_p = \frac{\phi}{\sqrt{1 + \phi^2 + z^2}}, \quad z_p = \frac{z}{\sqrt{1 + \phi^2 + z^2}}. \quad (4)$$

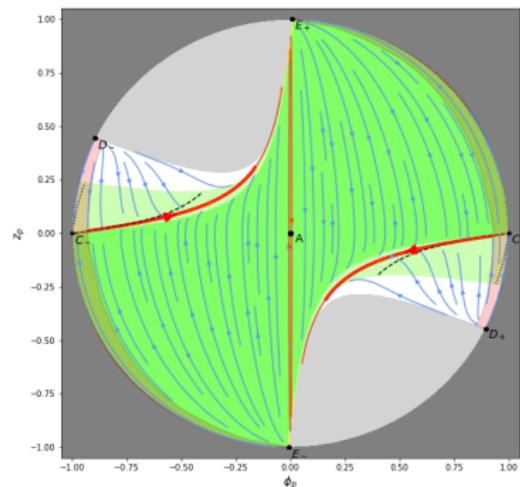
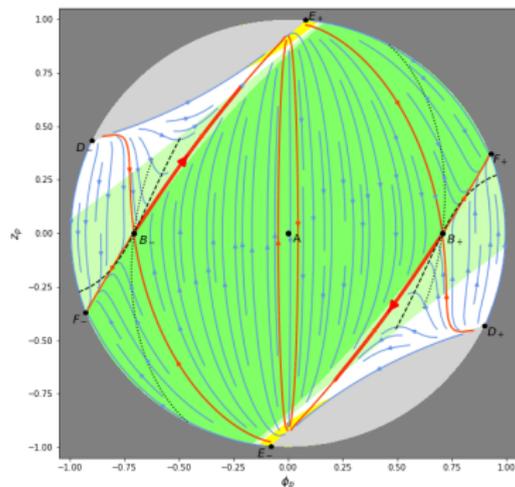
What we get

For example: nonminimal coupling $F = 1 + \xi\phi^2$,
quadratic $V = \frac{m^2}{2}\phi^2$ (left), quartic $V = \frac{\lambda}{4}\phi^4$ (right) potential.



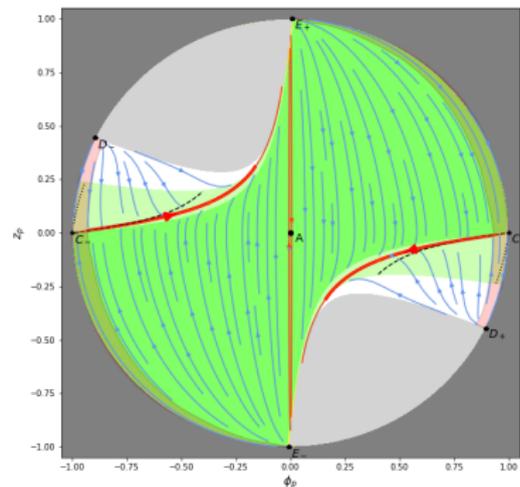
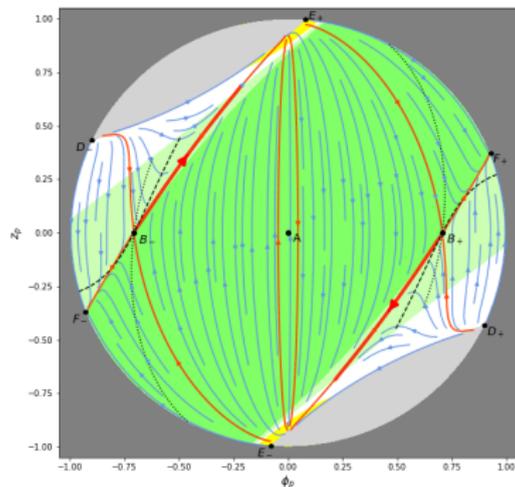
Green – superacceleration, light green – acceleration, white – deceleration, yellow – superstiff expansion, grey – unphysical region.

Why is it interesting : asymptotic regimes



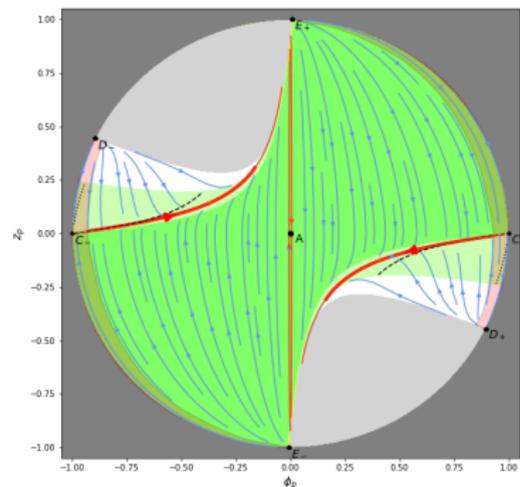
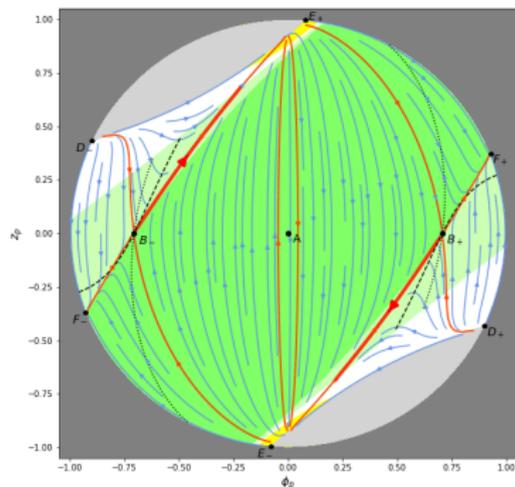
1. Variables (ϕ, z) distinguish different asymptotic regimes: fixed points C, F - asymptotic de Sitter, D, E - kinetic dominated, otherwise mapped to the same point in (ϕ, ϕ)
c.f. Carloni, Capozziello, Leach, Dunsby gr-qc/0701009; Sami, Shahalam, Skugoreva, Toporensky, 1207.6691; Skugoreva, Toporensky, Vernov 1404.6226.

Why is it interesting : inflationary attractor trajectory



- Clearly identify inflation as a heteroclinic orbit $B \rightarrow A$ or $C \rightarrow A$, not realized before in easy to interpret variables, cf. [Alho, Uggla 1406.0438, ...](#)

Why is it interesting : slow roll approximation

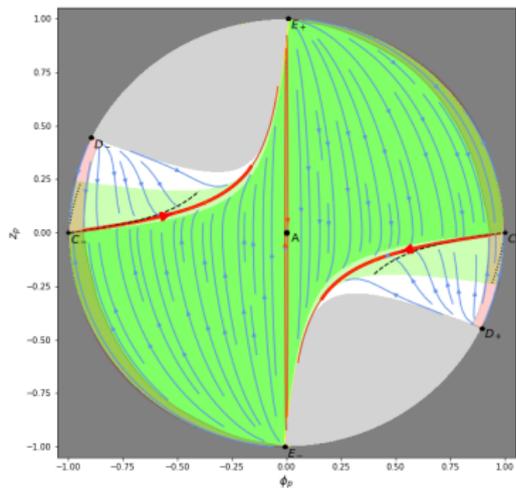
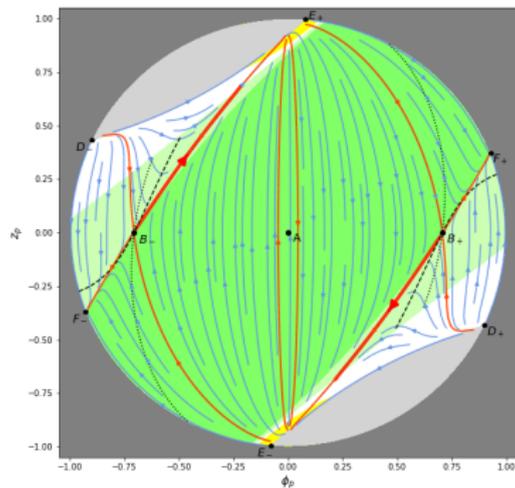


3. Leading inflationary orbit is approximated

- not so well by “generalised slow roll” in the Jordan frame (dotted),
- + but much better by our mechanical analogue [slide 23] (dashed line) which matches Einstein frame slow roll translated into Jordan frame

c.f. Akin, Arapoglu, Yükselci 2007.10850, Karčiauskas, Terente Díaz 2206.08677

Why is it interesting : initial conditions



4. Can see the range of “good” initial conditions (trajectories) that lead to at least 50 e-folds of accelerated expansion (pink shadow).
 - For increasing ξ the range shrinks for quadratic, but enlarges for quartic potentials.

Second paper: teleparallel inflation (2104.14258)

- ▶ Take a scalar field nonminimally coupled to torsion in the teleparallel framework [Geng, Lee, Saridakis, Wu 1109.1092](#) ; [Hohmann, LJ, Ualikhanova 1801.05786](#)

$$S = \frac{1}{2} \int d^4x \sqrt{-g} \{ F(\phi) T + \partial_\mu \phi \partial^\mu \phi - 2V(\phi) \} \quad (5)$$

and do the same analysis.

- ▶ Incidentally, the background flat FLRW cosmology is the same for a scalar field nonminimally coupled to nonmetricity in the symmetric teleparallel framework

$$S = \frac{1}{2} \int d^4x \sqrt{-g} \{ -F(\phi) Q + \partial_\mu \phi \partial^\mu \phi - 2V(\phi) \} . \quad (6)$$

[LJ, Rünkla, Saal, Vilson 1802.00492](#)

Decomposition of connection

$$\Gamma^\lambda{}_{\mu\nu} = \left\{ \lambda{}_{\mu\nu} \right\} + K^\lambda{}_{\mu\nu} + L^\lambda{}_{\mu\nu},$$

where

$$\left\{ \lambda{}_{\mu\nu} \right\} \equiv \frac{1}{2} g^{\lambda\beta} (\partial_\mu g_{\beta\nu} + \partial_\nu g_{\beta\mu} - \partial_\beta g_{\mu\nu}),$$

$$K^\lambda{}_{\mu\nu} \equiv \frac{1}{2} g^{\lambda\beta} (T_{\mu\beta\nu} + T_{\nu\beta\mu} + T_{\beta\mu\nu}),$$

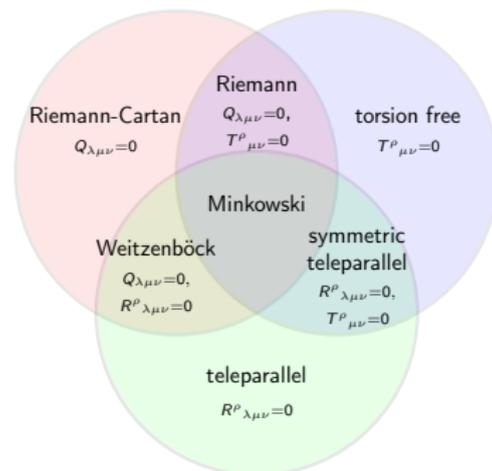
$$L^\lambda{}_{\mu\nu} \equiv \frac{1}{2} g^{\lambda\beta} (-Q_{\mu\beta\nu} - Q_{\nu\beta\mu} + Q_{\beta\mu\nu})$$

and

$$\text{torsion } T^\lambda{}_{\mu\nu} \equiv \Gamma^\lambda{}_{\mu\nu} - \Gamma^\lambda{}_{\nu\mu}$$

$$\text{nonmetricity } Q_{\rho\mu\nu} \equiv \nabla_\rho g_{\mu\nu} = \partial_\rho g_{\mu\nu} - \Gamma^\beta{}_{\rho\mu} g_{\beta\nu} - \Gamma^\beta{}_{\rho\nu} g_{\beta\mu},$$

$$\text{curvature } R^\sigma{}_{\rho\mu\nu} \equiv \partial_\mu \Gamma^\sigma{}_{\nu\rho} - \partial_\nu \Gamma^\sigma{}_{\mu\rho} + \Gamma^\alpha{}_{\nu\rho} \Gamma^\sigma{}_{\mu\alpha} - \Gamma^\alpha{}_{\mu\rho} \Gamma^\sigma{}_{\nu\alpha}.$$



Different assumptions about the connection restrict the generic metric-affine geometry.

Three equivalent theories

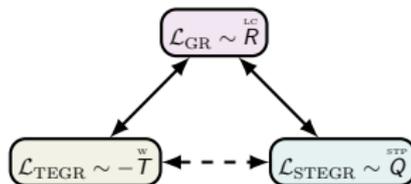
Can express curvature scalar

$$R = \overset{LC}{R} + M^\alpha_{\nu\rho} M^\mu_{\mu\alpha} g^{\nu\rho} - M^\alpha_{\mu\rho} M^\mu_{\nu\alpha} g^{\nu\rho} + \overset{LC}{\nabla}_\mu (M^\mu_{\nu\rho} g^{\nu\rho} - M^\nu_{\nu\rho} g^{\mu\rho})$$

where

$$M^\lambda_{\mu\nu} = K^\lambda_{\mu\nu} + L^\lambda_{\mu\nu}.$$

LJ, Rünkla, Saal, Vilson 1802.00492



Three equivalent theories

	Connection	Action
General relativity	no torsion, no nonmetricity	$R = \overset{LC}{R}$
Teleparallel gravity	no curvature, no nonmetricity	$\overset{LC}{R} = -\overset{W}{T} - 2\overset{LC}{\nabla}_\alpha \overset{W}{T}^\alpha$
Symmetric teleparallel grav.	no curvature, no torsion	$\overset{LC}{R} = \overset{STP}{Q} - \overset{LC}{\nabla}_\alpha (\overset{STP}{Q}^\alpha - \overset{STP}{\tilde{Q}}^\alpha)$

where

$$T = \frac{1}{4} T_{\alpha\beta\gamma} T^{\alpha\beta\gamma} + \frac{1}{2} T_{\alpha\beta\gamma} T^{\gamma\beta\alpha} - T_\alpha T^\alpha, \quad T_\mu \equiv T^\alpha_{\mu\alpha} = -T^\alpha_{\alpha\mu},$$

$$Q = -\frac{1}{4} Q_{\alpha\beta\gamma} Q^{\alpha\beta\gamma} + \frac{1}{2} Q_{\alpha\beta\gamma} Q^{\gamma\beta\alpha} + \frac{1}{4} Q_\alpha Q^\alpha - \frac{1}{2} Q_\alpha \tilde{Q}^\alpha, \quad Q_\mu \equiv Q^\alpha_{\mu\alpha}, \quad \tilde{Q}^\mu \equiv Q^\alpha_{\alpha\mu}.$$

Second paper: teleparallel inflation (2104.14258)

- ▶ Take a scalar field nonminimally coupled to torsion in the teleparallel framework [Geng, Lee, Saridakis, Wu 1109.1092](#) ; [Hohmann, LJ, Ualikhanova 1801.05786](#)

$$S = \frac{1}{2} \int d^4x \sqrt{-g} \{F(\phi)T + \partial_\mu \phi \partial^\mu \phi - 2V(\phi)\} \quad (7)$$

and do the same analysis.

- ▶ Incidentally, the background flat FLRW cosmology is the same for a scalar field nonminimally coupled to nonmetricity in the symmetric teleparallel framework [LJ, Rünkla, Saal, Vilson 1802.00492](#)

$$S = \frac{1}{2} \int d^4x \sqrt{-g} \{-F(\phi)Q + \partial_\mu \phi \partial^\mu \phi - 2V(\phi)\} . \quad (8)$$

Couple the scalar field nonminimally to “dynamical” part of the gravity action, not to the boundary term.

Flat FLRW cosmological equations

Scalar-curvature (scalar-tensor) gravity

$$3FH^2 = \frac{\dot{\phi}^2}{2} + V - 3F_{,\phi}H\dot{\phi} \quad (9)$$

$$-2F\dot{H} = \dot{\phi}^2 + F_{,\phi\phi}\dot{\phi}^2 - F_{,\phi}H\dot{\phi} + F_{,\phi}\ddot{\phi} \quad (10)$$

$$\ddot{\phi} + 3H\dot{\phi} = -V_{,\phi} + 3F_{,\phi}(2H^2 + \dot{H}) \quad (11)$$

Scalar-torsion and scalar-nonmetricity gravity (after satisfying the connection equations)

$$3FH^2 = \frac{\dot{\phi}^2}{2} + V \quad (12)$$

$$-2F\dot{H} = \dot{\phi}^2 + 2F_{,\phi}H\dot{\phi} \quad (13)$$

$$\ddot{\phi} + 3H\dot{\phi} = -V_{,\phi} - 3F_{,\phi}H^2 \quad (14)$$

- ▶ minimally coupled limit $F = 1$ the same
- ▶ otherwise different theories

Generic method to find fixed points in the Jordan frame

- ▶ Substitute in \dot{H} to write the scalar field equation as

$$\ddot{\phi} = \frac{1}{m_{\text{eff}}}(-V_{\text{eff},\phi}) - 3\dot{\phi}H - \dot{\phi}^2(\text{extra friction}). \quad (15)$$

- ▶ Fixed points

	Effective mass m_{eff}	Effective potential V_{eff}	Fixed point condition	Stability condition condition
Minimally coupled	1	V	$\frac{V_{,\phi}}{V} = 0$	$\frac{V_{,\phi\phi}}{V} > 0$
Scalar-curvature	$\frac{2F+3F^2}{F^3}$	$\frac{V}{F^2}$	$\frac{1}{m_{\text{eff}}} \frac{V_{\text{eff},\phi}}{V} = 0$	$\frac{1}{m_{\text{eff}}} \frac{V_{\text{eff},\phi\phi}}{V} > 0$
Scalar-torsion	F	FV	$\frac{1}{m_{\text{eff}}} \frac{V_{\text{eff},\phi}}{V} = 0$	$\frac{1}{m_{\text{eff}}} \frac{V_{\text{eff},\phi\phi}}{V} > 0$

Previous discussions on the effective potential [Chiba, Yamaguchi 0807.4965](#); [Skugoreva, Toporensky, Vernov 1404.6226](#); [Skugoreva, Toporensky 1605.01989](#); [LJ et al. 1612.06863](#); [Dutta, LJ, Khyllep, Tökke 2007.06601](#)

Generic method to find slow roll in the Jordan frame

- ▶ Substitute in \dot{H} to write the scalar field equation as

$$\ddot{\phi} = \frac{1}{m_{\text{eff}}}(-V_{\text{eff},\phi}) - 3\dot{\phi}H - \dot{\phi}^2(\text{extra friction}). \quad (16)$$

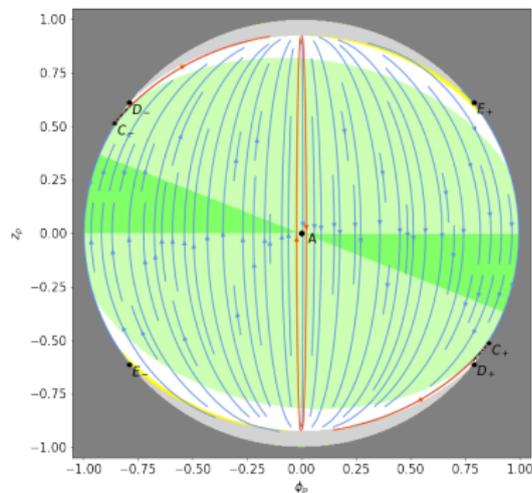
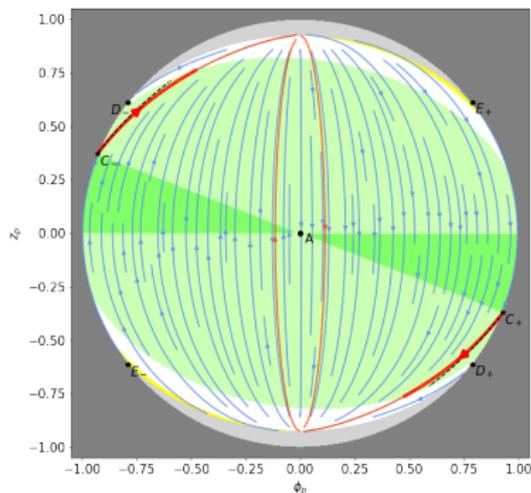
- ▶ Slow roll condition

$$3FH^2 \simeq V, \quad 3\dot{\phi}H = \frac{1}{m_{\text{eff}}}(-V_{\text{eff},\phi}) \quad (17)$$

- ▶ The same scheme works for nonminimal scalar-curvature and scalar-torsion models.

What we get (nonminimal teleparallel models)

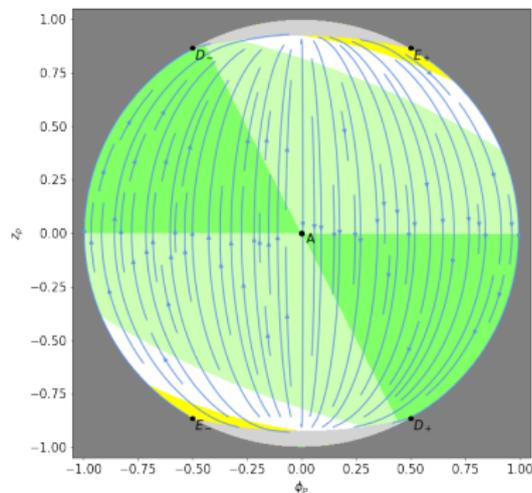
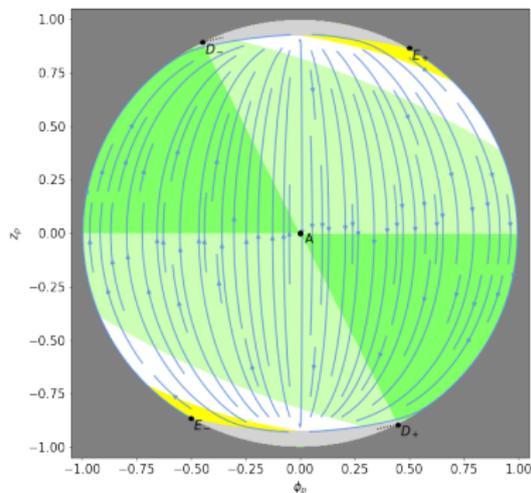
For example: nonminimal coupling $F = 1 + \xi\phi^2$,
quadratic $V = \frac{m^2}{2}\phi^2$ (left), quartic $V = \frac{\lambda}{4}\phi^4$ (right) potential.



Inflation possible for very small ξ only.

What we get (nonminimal teleparallel models)

For example: nonminimal coupling $F = 1 + \xi\phi^2$,
quadratic $V = \frac{m^2}{2}\phi^2$ (left), quartic $V = \frac{\lambda}{4}\phi^4$ (right) potential.



For larger ξ the heteroclinic orbit would be in the unphysical region.

Ongoing work: Teleparallel analogue of Higgs inflation

Idea: To obtain the same phenomenology, must have the same effective potential

$$\frac{V_{Higgs}}{F_{Higgs}} = F_{tele} V_{tele}. \quad (18)$$

Approximating Higgs with a quatic potential, gives several combinations

$$F_{tele} = \frac{1}{(1 + \xi\phi^2)^2}, \quad V_{tele} = \frac{\lambda\phi^4}{4}, \quad (19)$$

$$F_{tele} = 1 + \xi\phi^2, \quad V_{tele} = \frac{\lambda\phi^4}{4(1 + \xi\phi^2)^3}, \quad (20)$$

$$F_{tele} = \xi\phi^2, \quad V_{tele} = \frac{\lambda\phi^2}{4\xi(1 + \xi\phi^2)^2}, \quad (21)$$

$$F_{tele} = 1, \quad V_{tele} = \frac{\lambda\phi^2}{4\xi(1 + \xi\phi^2)^2}, \quad (22)$$

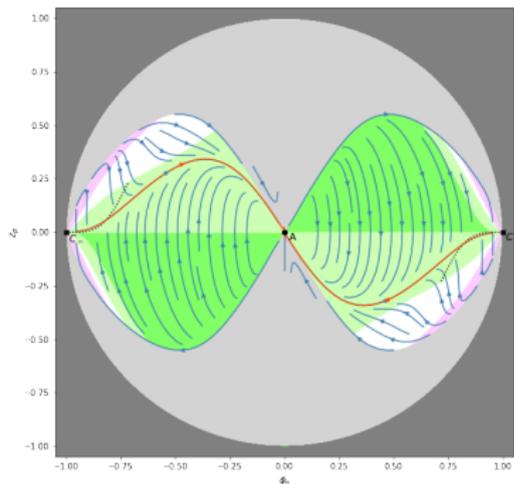
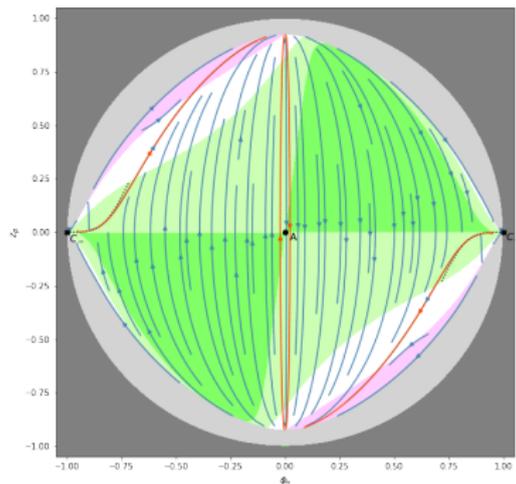
$$F_{tele} = \frac{\phi^2}{2(1 + \xi\phi^2)^2}, \quad V_{tele} = \frac{\lambda\phi^2}{2}, \quad (23)$$

Ongoing work: Teleparallel analogue of Higgs inflation

For example:

$$F_{tele} = \frac{1}{(1+\xi\phi^2)^2}, V_{tele} = \frac{\lambda\phi^4}{4} \text{ (left),}$$

$$F_{tele} = \frac{\phi^2}{2(1+\xi\phi^2)^2}, V_{tele} = \frac{m\phi^2}{2} \text{ (right)}$$



But problems with perturbations, see [Kolovnev, Koivisto 1808.05565](#);
[Raatikainen, Räsänen, 1910.03488](#).

- ▶ Inflation is realized by a heteroclinic orbit in the phase space (from a saddle or nonhyperbolic point to an attractor point).
- ▶ For nonminimal scalar in Jordan frame useful variables are $(\phi, \frac{\dot{\phi}}{H})$ to draw global phase portraits which
 - ▶ clearly distinguish different asymptotic regimes,
 - ▶ reveal the inflationary attractor orbit,
 - ▶ assess the correctness of slow roll approximation,
 - ▶ visualize the range of good initial conditions (> 50 e-folds).
- ▶ Can use the mechanical analogy with effective potential and effective mass to derive fixed points and slow roll conditions in the Jordan frame.
- ▶ Teleparallel models with quadratic nonminimal coupling do not enjoy inflation.

Järv, Toporensky 2104.10183; Järv, Lember 2104.14258.

- ▶ A good model of inflation needs (probably)
 - ▶ very flat effective potential,
 - ▶ an asymptotic saddle de Sitter fixed point, with the unstable or marginally unstable direction pointing into the phase space bulk,
 - ▶ a stable fixed point (for late universe),
 - ▶ the heteroclinic orbit connecting these two points running in the physical region of phase space (global portraits useful!).
- ▶ Using V_{eff} , m_{eff} should be possible to construct viable models of teleparallel inflation (take some other nonminimal coupling $F(\phi)$).
- ▶ Equivalence classes of inflation models:
 - ▶ metric scalar-tensor [LJ, Kannike, Marzola, Racioppi, Raidal, R unkla, Saal, Veerm ae 1612.06863](#)
 - ▶ metric and Palatini scalar-tensor [LJ, Karam, Kozak, Lykkas, Racioppi, Saal 2005.14571](#)
 - ▶ even broader classes ???

- ▶ Scalar-tensor: how do negative nonminimal couplings and quantum corrections alter the picture?
- ▶ Using the understanding of dynamical systems, is it possible to pinpoint the true inflationary attractor trajectory (get an analytic expression)? Get a measure how well it is approximated by the slow roll formalism.
- ▶ Reconsider the phase portraits in different sets of variables, which ones are optimal?
- ▶ A more comprehensive investigation of the generality of “good initial” conditions.
- ▶ Dynamical systems description of the whole history of the universe (from inflation to dark energy eras), like [Dutta, LJ, Khyllap, Tökke 2007.06601](#) .